WIDOWED PERSONS SERVICE	NEWSLETTER - AUGUST 2024
	B17-551-2922 Fax: 817-551-2377
Web Site: wpstc.org Facebook: Widowed Persons Service of Tarra	nt County (closed group - contact office for access) Email: wpstc@att.net
PRESIDENT'S MESSAGE	OUTREACH GRIEF SUPPORT
 Summer is here, so stay cool. I hope all members received their newsletter and Drawing Coupons by USPS. If you didn't receive them, PLEASE call the WPS office (817-551-2922) so that we may mail you another copy. We all need to thank all the wonderful members who volunteer, as the entire organization is run by volunteers. NO ONE is paid. Some jobs are not easy, but someone always steps up to do them. Here are just a few examples of the jobs our volunteers perform: Work in the office. Every weekday a volunteer is there from 10 AM until 2 PM. Train facilitators for Grief Support sessions. We have 7 sessions this year which are 5 Sundays each from 2:30 to 4:30 PM. We have 6 facilitators currently. Train helpers for Grief Support sessions. It takes a minimum of 3 helpers for each Grief Support session. Arrange and promote the Directory, dances, bus trips and other fundraising events. Write and assemble the monthly newsletter. It takes at least 2 days for several people. Support public relations work (health fairs, etc). We attend 3 or 4 of these events yearly. Host and arrange facilities for the annual Holiday Grief Support meeting. Host and arrange facilities for all General Meetings. Arrange for the Annual Christmas Banquet. (This event takes a year of planning!) We always need volunteers. Many members donate their time anonymously. When you see someone working to make activities happen, say your own special thanks. You don't have to be a Board Member to help with many of the organization's activities. 	 owed? Have you been travelling on this grief journey, one, two, three years or more? Some of our members joined only for the social events which are necessary but have never dealt with the grief they feel upon waking up every morning, during the day, and going to bed at night without the one person who made it all worthwhile. It takes work and time to reconcile the death of your loved one into the life you are living now and to go forward with a different normal life. WPS can show you how. Do you know it's ok to ask for help? Have you gone through a Grief Share Program that teaches you about all kinds of grief? How about therapy? These will help you, but then add the specialized Widowed Survival Grief Classes that WPS has been providing for over 42 years with thousands of survivors. This is a unique service. Only a widowed person knows, understands, and feels what a widowed person is going through, and you find out you are not alone with your thoughts. Join us and recommend us to others you meet who are widowed. No judgements, just care. Your mental well-being matters and we're here to lend a listening ear, so let's chat. Your WPS tribe is here for you. It is so important to find a like-minded tribe who believes in you so much that on the days you feel like you can't, they remind you, you can. People often fail to realize that those of us who have lost a spouse change. <i>Things</i> change for us; <i>life</i> changes for us. We are merely trying to learn how to exist in a world without a piece of ourselves that was there for so long. Remind yourself that you are not the person you were yesterday. Stay in current time. Stay connected to the version that you <i>are</i>, not the person you were. Remind yourself constantly that you are evolving and growing. Even if you are not there yet, with WPS beside you, you are surely well on your way.
<u>NOTICE</u> : The next Board Meeting will be held at the WPS offic on Saturday, August 3, 2024, at 10:30 AM.	Our current Grief Support series at the WPS Office continues through August 11. Out next series begins August 18 at Lucas Funeral Home. Refer to Page 3 for details and the complete 2024 Grief Support series schedule.

NAME

Anita Goodale

Margie Gomez

Bonnie Ransom

Francisca Neumann

Mary Cobb

Joe Harris

WAYS & MEANS

Dances:

Debbie Smith and Eula Plummer hosted a WPS sponsored dance on Wednesday, July 10, at the Arlington Elks Lodge.

The next scheduled WPS/Elks Lodge dance will be on August 14, and will be hosted by Nancy Sheffer-Poole and Phyllis Weisheit

Ann Barnes and Ruth Turner hosted a WPS DJ Dance at the Burleson Senior Center on Friday, July 26. The next scheduled WPS DJ Dance will be August 23. See the attached flyer for details.

"Meet and Eat" Fundraiser:

This month the Burleson Monday Lunch will also be a fundraising event for WPS. The group will meet at 4:00 PM at Texas Roadhouse, 12301 South Fwy, (I-35 east side service road), Burleson. Bring the attached flyer from your newsletter (or **print it from your emailed copy)** to the restaurant and submit it with your bill, and WPS will receive 10% of the cost of your total food purchase at no additional cost to you. If you can't make it to lunch at 4:00 PM, the flyer will be honored until the restaurant closes at 10:00 PM. Thanks to Ann Barnes for arranging all the details. See the attached flyer for details.

Donate 2 Impact:

The next donation period scheduled is September 9 to 22. Those members that are working as a drop off will start accepting donations September 9. Please save your donations until then.

Annual Drawing:

The suggested donation is \$3 per ticket, and the winners will be drawn during the October General Meeting. Members attending the General Meeting will also have a chance to win a door prize. If you have a gift or gift card that you are unable to use, please donate them to WPS so that we can provide additional prizes for the drawing.

2025 WPS Directory:

A member directory input sheet is included as flyer attachment to this newsletter so that we can generate the 2025 WPS Directory. The Member and Ad Directory input sheets are also available on our website, wpstc.org. The charge is \$10 for member input. The Ads are \$40 for a half page ad and \$60 for a full-page ad. A cover sheet is also available on our website to explain the Directory.

North Texas Giving Day:

Early Giving is September 1 - September 18. NTX Giving Day for 2024 is September 19.

Row Zembek, Ways and Means Chairman

Pat Hebbe Dora Larrasquitu Bennie Wise

MEMORIALS

WELCOME NEW MEMBERS

In Memory of . . . Bill Goodale(50th Anniversary)

Dorothy Miles

Becky Harris

Ted Gomez

Robert Ransom

Terry Neumann

DONORS

Brian Thompson Kristina Hendrickson Brian Wakefield Gloria Longoria Mo Simmons

Sharon Bergstrom Patricia Massey Chuck Kraut

Diana Kirk Gary Hogan Carl King

ILLNESSES (Reported to office)

Frances Grote

DEATHS (Reported to office)

Richard Desgrey

STILL WORKING?

For members still working, WPS offers a Facebook group and occasional Saturday brunches. Contact Robin Parr at rparr822@sbcglobal.net.



WPS GRIEF SUPPORT SCHEDULE 2024	DONATION OPTIONS					
2:30 to 4:30 PM SUNDAYS*	<u>for</u> <u>MEMBERS, FAMILY & FRIENDS</u>					
* NOTE : Any changes to this schedule will be announced in both the newsletter and on our Facebook page, so check each month for any changes. For any other information on Grief Support, call the WPS office 817-551-2922 Mon-Fri 10AM-2PM, or Ruth Turner 817-713-9372. If no answer at either number, please leave a voicemail, and your call will be returned as soon as possible.	 <u>Cash or check to the WPS office</u>. Use the form below. <u>Credit Card</u>. Access our website at <u>wpstc.org</u> and choose "Donations." Click on "use a credit card online" near the middle of the page and follow the instructions. <u>Kroger Community Rewards Program</u>. Call 866-221-4141 or register online at <u>kroger.com/account/</u> <u>enrollCommunityRewardsNow</u>/ with your Kroger Plus Card number or alternate ID (your phone number). Enter Organi- zation #IA786 (Widowed Persons Service of Tarrant County). To re-enroll (if "WPSTC" is not at bottom of receipt), use 					
JAN 14, 21, 28; FEB 4, 11 : Pleasantview Baptist Church, 4400 Pleas- antview Dr, Arlington. Facilitator: Merryl Kloster.						
FEB 18, 25; MAR 3, 10, 17 : First Baptist Church, Burleson, 317 W Ellison St, Burleson (park behind church). Facilitator: Ruth Turner.	same procedure. 4. <u>Qualified Charitable Distribution (QCD)</u> . Contact your finan-					
MAR 24, (SKIP 31); APR 7, 14, 21, 28 : St John Lutheran Church, 1218 E Debbie Ln, Mansfield (in Youth Bldg at back of church). Facili- tator: Phyllis Weisheit.	 cial institution for details. 5. <u>Leave a Legacy</u>. Consider including WPS in your estate planning. Your thoughtfulness and generosity will enable WPS to continue helping other widowed persons into the future. 					
JUN 2, 9, 16, 23, 30 : Pleasantview Baptist Church, 4400 Pleas- antview Dr, Arlington. Facilitator: Arlyne Clements.	BUSINESS PARTNERS					
JUL 14, 21, 28; AUG 4, 11 : WPS Office, 2906 SE Loop 820, Suite A, Fort Worth 76140. Facilitator: Ruth Turner. AUG 18, 25; (SKIP SEP 1), SEP 8, 15, 22 : Lucas Funeral Home, 1321 Precinct Line Rd, Hurst. Facilitator: Sharon Ellershaw.	Donate 2 Impact First Travel of Burleson Hoopla Magazine Kroger Markets Mastercraft Printed Products and Services					
SEP 29; OCT 6, 13, 20, 27 : Pleasantview Baptist Church, 4400 Pleas- antview Dr, Arlington. Facilitator: Merryl Kloster.	Spring Creek Barbeque EVENT VENUE PARTNERS					
HOLIDAY GRIEF SUPPORT : NOV 3 : 2:30 - 4:30 PM (note Daylight Saving Time change). Pleasantview Baptist Church, 4400 Pleas- antview Dr, Arlington.	Arlington Elks Lodge #2114 Burleson Senior Center First Baptist Church, Burleson First Methodist Church, Mansfield (games)					
NOV 10 : CANDLELIGHT MEMORIAL SERVICE : 3:00 PM, St. John Lutheran Church, 1218 E Debbie Ln, Mansfield.	Lucas Funeral Home, Hurst Pleasantview Baptist Church, Arlington St John Lutheran Church, Mansfield					
د در						
To mail a donation to WPS, please provide the inform	ation below and mail to:					

WIDOWED PERSONS SERVICE OF TARRANT COUNTY

NEWSLETTER AUGUST 2024

PAGE 3

Widowed Persons Service of Tarrant County, 2906 SE Loop 820, Suite A, Fort Worth, TX 76140-1030			
Amount of donation: \$25 \$50 \$100 Other \$			
Specify if donation is a Memorial gift In memory of (name)			
Specify where to send donation acknowledgement:			
Name			
Address			
City, State, Zip			



Suite A Fort Worth, Texas 76140-1030 NON-PROFIT ORG. U. S. POSTAGE PAID FORT WORTH, TX PERMIT NO. 2389

RETURN SERVICE REQUESTED

DATED MATERIAL: PLEASE DELIVER BY AUGUST 1, 2024

OFFICER AND BOARD MEMBERS

WIDOWED PERSONS SERVICE OF TARRANT COUNTY FOR YEAR 2024

OFFICERS

BOARD MEMBERS

President : Vice President : Secretary : Treasurer :

Phyllis Weisheit ent : Ruth Turner Judy Baker Mike Grissom Barbara Brickley Arlyne Clements Sharon Ellershaw Kay Hall Jane Morton Nancy Sheffer-Poole Carol Stacy Diane Bowman Margaret Davis Gary Frye Bob Howard Eula Plummer Debbie Smith Ron Zembek

WPS of Tarrant County is a Grief Support Program for widowed persons of all ages

WPS of Tarrant County is a TAX EXEMPT NON-PROFIT Organization funded by Memorials, Gifts and Donations

<u>WPS PURPOSE</u> : To aid bereaved men and women of all ages regardless of race, creed, and/or economic status, to adjust more effectively to the loss of a spouse through death and to build a new life.

RECURRING EVENTS

Hosts Needed for Arlington and Mansfield Dinners !!!

Volunteers are still needed to host the <u>Arlington and Mansfield dinners</u>. For many newly widowed persons, WPS sponsored meals are their first exposure to WPS. Hosting a meal is simple and does not require a great deal of time but is rewarding and greatly appreciated. If you would be willing to host one of these events, please contact Diane Bowman at 817-996-2337.

ARLINGTON

Breakfast : Every Saturday 8:00 AM : Skillet & Grill, 1801 W Division St, Arlington. Contact Suzy Flynn, 817-483-5518. Lunch: <u>Aug 8 ONLY</u> 11:45am: Tom's Burgers 1530 N Cooper St, Arlington. Contact Rita Sanders 817-907-7878 Dinner : CANCELLED UNTIL FURTHER NOTICE. Host needed for this event.

BURLESON

Breakfast : Every Tuesday 8:30 AM : Our Place Restaurant, 950 N Burleson Blvd (I-35 service road), Burleson. Contact Diane Bowman, 817-996-2337.

DINNER: AUG 12, 4.00 PM: TX Roadhouse 12301 South Frwy, Burleson. Contact Ann Barnes 817-774-6073 (this is a FUND RAIS-ER)

DINNER : <u>AUG 19</u>, 4:30 PM : Antonio's Mexican Restaurant, 344 SW Wilshire Blvd, Burleson. Contact Ann Barnes, 817-774-6073.

GRAND PRAIRIE

BRUNCH: Every Wednesday 10:30 AM : Theo's Bar & Grill, 107 NW 8th St, Grand Prairie. Contact Debbie Smith, 469-684-9982.

MANSFIELD

Breakfast : Every Saturday 8:30 AM : The Porch, 2771 E Broad St, Ste 201, Mansfield (across from Methodist Hospital). Contact Arlyne Clements, 817-366-0430.

LUNCH : <u>AUG 2 ONLY</u>, **12:00 NOON : Fish City Grill** 581 W Debbie Ln, Mansfield. Contact Judy Baker, 817-320-3825.

DINNER : CANCELLED UNTIL FURTHER NOTICE. Host needed for this event.

GAMES: Every 2nd and 4th Tuesday 1:30 - 4:00 PM : First Methodist Church, Mansfield, 777 N Walnut Creek Dr, Mansfield. Contact Jane Morton, 972-977-7899.

NORTHEAST

Breakfast : Every Saturday 9:00 AM : The Corner Café, 7901 Mid Cities Blvd, Ste 242, N Richland Hills. Contact Sharon Wallace, 817-226-5095.

LUNCH: AUG 14 ONLY, 1:00 PM: Catfish & Co, 900 Airport Fwy, Hurst. 🛧 Contact Chuck Kraut 817-229-5194

DINNER: AUG 20 ONLY, 5:00 PM: Abuelo's 850 Airport Fwy, Hurst. Contact Linda Turner 817-475-3014.

<u>SOUTHWEST</u>

Breakfast : Every Thursday 9:00 AM : Cracker Barrel, 8010 SW Loop 820 (exit Winscott Rd), Benbrook. Contact Carol Stacy, 817-360-8066.

Lunch : <u>AUG 5 ONLY</u>, @ 11:30 AM : Cracker Barrel, 8010 SW Loop 820 (exit Winscott Rd), Benbrook. Contact Phyllis Bell, 817-657 -5579, If you plan to attend (restaurant needs a head count).

Dinner: AUG 20 ONLY, 4:00 PM : Olive Garden, 4700 SW Loop 820 (across from Hulen Mall), Fort Worth. 🗙 Contact Joyce Page, 817-229-2286, If you plan to attend (restaurant needs a head count).

SPECIAL EVENTS

Friday, JUL 26 : Dance, Burleson Senior Center.

<u>Wednesday, AUG 14</u>: Dance, Arlington Elks Lodge. See the attached flyer for details. <u>Friday, AUG 23</u>: DJ Dance, Burleson Senior Center. See the attached flyer for details.

Sponsored by Widowed Persons Service

Come Dance/Listen to

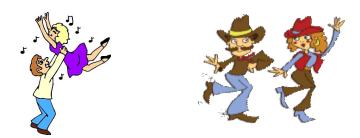


"Cooke & Payne"

Wednesday, August 14, 2024 6:30 to 9:00 PM \$10 PER PERSON AT DOOR

BRING YOUR FAMILY & FRIENDS !!! IT'S OPEN TO THE PUBLIC !!!

Arlington Elks Lodge 601 W Pioneer Pkwy, Arlington



Drawings for Door Prizes and MORE !!!

Information: <u>Nancy 812-593-1578 or Phyllis 817-371-2151</u>

Sponsored by Widowed Persons Service

Come Dance/Listen to

Country & Western

Songs from the Past and Present

with

Travis Moncrief as Disc Jockey



Friday, August 23, 2024 6:30 to 9:00 PM



Admission: Donations Only Snacks available at the break

<u>Bring Your Family & Friends !!!</u> <u>It's Open to the Public !!!</u>





Burleson Senior Center

216 SW Johnson Ave, Burleson







Information: Ann 817-774-6073

PUT ME IN THE 2025 WPS DIRECTORY

The Ways and Means Committee on behalf of WPS is publishing a Directory for year 2025 with the following conditions:

- 1. You will be listed in the Directory **ONLY** if you send in this signed form as your permission.
- 2. The cost is \$10.00 per Directory. A copy(s) of the Directory will be delivered to you.
- 3. The full Directory will be available to WPS members only. Advertisers will receive only a book of advertisements.
- 4. If you check the same as last year's box, please include your phone number.
- If your address has changed, you must also call the WPS Office at (817)551-2922 to update the Member 5. Database

If you wish to be included, please enter the appropriate information below, send this Form and \$10.00 for each Directory copy to the WPS Office by December 1, 2024.

REQUIRED INFORMATION (your listing will not be accepted without this information & signature): PLEASE PRINT

Last Name:	First Na	me:	Nickname (opt.)
CHECK ONLY IF ENTRY IS TO STAY THE S	AME AS L	AST YEAR	□ ←
Primary Phone: (H, M)	Plea	ase circle H or M	Month/Day of Birth:
Secondary Phone (M)			
Street Address:			
City:	_State:		_Zip
Do you want your address to appear in the directory?	Yes No	If neither are circl	ed, Yes is assumed
ADDITIONAL INFORMATION IF YOU DESIRE: PLEA	SE PRINT		
Email Address:			
Interests: (Limited to ten (10) words) WPS RESERV	<u>/ES THE RIGI</u>	HT TO EDIT	

I hereby give my permission to WPS, and request that WPS publish the above information in the Directory, which will be made available to WPS members only. By signing below, I am acknowledging that I agree I am acquiring this Directory for my personal use and will not make it available to anyone not a member of WPS, nor will I reproduce or permit anyone to reproduce my copy of the Directory.

$(Signature) \leftarrow Required$

Printed Name:

The number of Directories printed will correspond with the response received from this announcement. If you wish to be included in the Directory, PLEASE INCLUDE THIS FORM WITH YOUR CHECK PAYABLE TO 'W P S.' MAIL TO: WIDOWED PERSONS SERVICE, ATTN: WAYS AND MEANS COMMITTEE, 2906 SE LOOP 820, SUITE A, FORT WORTH, TEXAS 76140-1030. Yes

If you wish to receive an additional directory for an additional \$10

"MEET & EAT" (BURLESON LUNCH) FUNDRAISER AT TEXAS ROADHOUSE, BURLESON

MONDAY, AUGUST 12, 2024 - 4:00 PM

(Lunch @ 4:00 PM; flyer honored until 10:00 PM)

Burleson Location 817) 945-5551, 12301 South Fwy t Fort Worth, Tr OADHOUSE DINE-IN OR TO-GO »→ Support <« WIDOWED PERSONS SERVICES 12TH, AUBUST 4PM - 10PM DONATION NIGHT Support the Widowed Persons Services by presenting this flyer to the Burleson Location and Texas Roadhouse will donate 10% of your total food purchases to Widowed Persons Services



WHAT IS NORTH TEXAS GIVING DAY 2024?

North Texas Giving Day 2024 is sponsored by the Communities Foundation of Texas. For the 16th year, CFT has brought together over 3,200 local non-profits like WPS for an areawide one-day event as one means of raising annual operating funds. WPS has been participating in the North Texas Giving Day for several years. Last year we received over \$625 in needed funds. We invite you to help us reach our goal of \$1,200 this year. A donation of any amount is appreciated. Your gift counts!

All members are encouraged to donate. Additionally, explain our mission to your friends and family members and encourage them to donate, also. If you are still employed, and if your employer does gift matching to charitable organizations, it is an easy way to double your contribution.

HOW DO I DONATE?

It's easy! On Thursday, September 19, between 6:00 AM and Midnight:

- 1. You <u>must</u> use a <u>credit card</u> or <u>debit card</u> to donate. Donations <u>must</u> be made <u>online only</u>.
- 2. Using your computer or smartphone, go to <u>www.northtexasgivingday.org</u>.
- 3. At the top, in the Search window, enter "Widowed Persons Service of Tarrant County." Choose "Donate" and follow the instructions.
- 4. We prefer that you use your own name so that we will be able to recognize you as a donor. However, if you prefer that your donation remain completely anonymous, you may choose that option, also.
- 5. To complete the checkout process, choose "Pay \$xxx.xx."
- 6. Although NTX Giving Day is officially a one day event, <u>you may donate at any time</u> from midnight September 1 until midnight September 18. Your card will not be charged until September 19.
- 7. You will receive an email confirmation of your donation and a printable receipt.