

# WIDOWED PERSONS SERVICE NEWSLETTER - MARCH 2024

Serving Tarrant County and Surrounding Areas

Office Hours: 10 AM to 2 PM Mon - Fri

Phone: 817-551-2922

Fax: 817-551-2377

Web Site: [wpstc.org](http://wpstc.org)

Facebook: Widowed Persons Service of Tarrant County (closed group - contact office for access)

Email: [wpstc@att.net](mailto:wpstc@att.net)

## PRESIDENT'S MESSAGE

Good morning, WPS Friends.

The sun is rising for another beautiful day for us to enjoy.

The WPS focus is always to support you as a widowed person. We are doing this in many different ways.

First, our Grief Support sessions help ease the transition between your status as a married person to that of being a single person again, addressing many implications of the transition.

Second, we continue our support by hosting a number of events, such as breakfasts, lunches, and dinners, across the area. These events offer members opportunities to get to know other members in a more personal way.

We also sponsor dinner and dancing the second Wednesday of each month at the Arlington Elks Lodge and dancing at the Burleson Senior Center the fourth Friday of each month. Even if you don't dance, the band is always great to listen to, and the events are open to the public, so feel free to bring along friends and family. Events like these enable members to have a safe place to get to know other members on a more personal basis. Many strong friendships have been formed in this way. All events are listed in the monthly newsletter.

We are offering a great fundraising trip to San Antonio on May 14 – 16 (3 days, 2 nights). It will be a nice getaway to see the historic Alamo, San Fernando Cathedral, the beautiful River Walk and many other things. So, sign up soon for this fun trip. **(Refer to the attached flyer).**

Where is somewhere you would like to travel to and visit in Texas? Let us know, and we will try to put a trip together.

As a follow-up to the last newsletter, we are in need of dinner hosts/hostesses for dinners in Arlington and Mansfield. Please step up and contact Diane Bowman at 817-996-2337 to host one of the dinners. Diane will explain the duties and help you set up these dinners.

Spring is just around the corner, and the flowers soon will all be blooming again to brighten our days.

*Phyllis Weisheit*, President

## OUTREACH GRIEF SUPPORT

Good morning, Dear Friends,

The loss of a husband or wife is considered one of the most stressful experiences in a person's life. It can profoundly change the way you live after you go through it. Speaking with others in our Grief Support classes who have gone through some of the same things that you have can bring enormous relief.

Death, especially a spouse's death, changes one's life in ways that cannot be anticipated. With that death, one's world is forever changed.

One analogy I have found myself using in class is the following. If you were to imagine the day before your loved one died, there was an intact picture of your life. The picture may not have been perfect, but it was there, and it made sense. There was a beginning, a middle and an expected ending. With death comes the destruction of that picture. It is as if the picture has been taken out of your hands, smashed to the ground in a thousand pieces, and then some of the most treasured pieces are forever taken away.

The challenge with grief is to then take all of those pieces which are left and attempt to make a new picture. The picture of the life you once had is impossible to recreate, as much as one may try. It cannot be recreated with pieces missing. A new picture must be assembled with the pieces that are left and with new pieces that are picked up along the way.

The process of putting the pieces back together is one that often feels chaotic and confusing. It may sometimes be surprising to find out how much thinking is involved in the grief process. Thoughts bounce around trying to connect what was with what is and struggle to make sense out of what seems to be incomprehensible.

With each piece, the bereaved, through trial and error, find where each piece belongs or even if it belongs at all. This process is different for every person and does not adhere to any kind of timeline. This [what feels like endless] thinking is the work that grief demands; it is the creation of a new picture of your life one piece at a time.

(Thank you Compassionate Friends.)

Looking forward to seeing you at one of our many activities.

*Ruth Turner*, Outreach Chairman & Certified Grief Support Facilitator

**NOTICE:** The next Board Meeting will be held at the WPS office on Saturday, March 2, 2024, at 10:30 AM.

**Our Grief Support series continue in March and April. A new session begins March 24. Refer to Page 3 for the complete 2024 Grief Support series schedule.**

## WAYS & MEANS

**Directory:** We have received the printed copies of the 2024 WPS Directory from Mastercraft Printed Products and Services and have started to deliver them to members who have submitted a Directory input form along with the \$10 fee. We will deliver them at breakfasts and other “meet and greet” meals. Next, we will try to deliver them in person to the listed addresses, and the remainder will be delivered by US Mail.

**Donate 2 Impact:** We completed the last WPS donation period February 4. The next WPS donation period is scheduled for May 13 - 26.

**Dances:** Nancy Sheffer-Poole and Phyllis Weisheit hosted a WPS sponsored Valentine’s Day dance and dinner at the Arlington Elks Lodge on February 14. We had 87 persons in attendance!

Debbie Smith and Eula Plummer will be hosting a WPS sponsored dance on March 13 at the Arlington Elks Lodge from 6:30 to 9:00 PM at \$10 per person. Come on out and dance or just listen to “Big Beats Band.” Food will be available for purchase for \$8 per person from 5:30 to 6:30 PM. **See the attached flyer for details.**

Ann Barnes hosted a WPS DJ Dance at the Burleson Senior Center on February 23. She will also host our next scheduled WPS DJ Dance on Friday, March 22. **See the attached flyer for details.**

**Travel:** WPS is sponsoring a 3-day Bus Trip to San Antonio, TX, from May 14-16. **Contact First Travel of Burleson at 817-447-8747 to sign up. See the attached flyer for details.**

Another bus trip that you may be interested in is a three-day trip to Marksville, LA, for a stay at the Paragon Casino and Hotel and attendance at the Angola Prison Rodeo on April 20-22. **Contact First Travel of Burleson at 817-447-8747 to sign up. See the attached flyer for details.**

A few seats are still available for each trip, so if you are interested, please get your deposit in very soon. Your continued support of these trips is necessary for us to continue offering them, so please consider participating.

**Additional Notes:** It is important for the office to have your correct mailing address in the WPS database if you are an active WPS member regardless of whether you normally receive your newsletter via US Mail or email. Returned newsletters cost us several times the bulk rate cost to mail initially. Everyone receives the July newsletter by US Mail, since the Discount Coupons for the Drawing are mailed out at that time with the newsletters. Of course, if you normally receive your newsletter via email, please make sure that the office has your current email address, also.

*Ron Zembek*, Ways & Means Chairman

## WELCOME NEW MEMBERS

Calvin G. Zuege  
Larry Langston  
Laura Shepard

Tani Cook  
Terry Lynn Buchanan  
Veronica Speechley

## MEMORIALS

Cecil & Paddy Knight in Memory of T. Ray Yarbrough  
Kay Hall in Memory of David Hall  
Louise Bodiford in Memory of T. Ray Yarbrough  
Marvin Malone in Memory of Marie Greer  
Suzy Flynn in Memory of Jo Ann Butler’s brother, Jesse Green  
Suzy Flynn in Memory of Don Greer

## DONORS

Beth Wright  
Sharon Bergstrom

Suzy Flynn  
Tom Myler

## ILLNESSES

Bruce Mershon  
Eula Plummer

Ruthie Paukner

## DEATHS

Don Greer

Peggy Garrett

## STILL WORKING?

For members still working, WPS offers a Facebook group and occasional Saturday brunches. Contact Robin Parr at rparr822@sbcglobal.net.



## A FEW QUOTES WORTH REMEMBERING

“Be yourself. Everyone else is already taken.” - **Oscar Wilde**

“We make a living by what we get. We make a life by what we give.” - **Benjamin Franklin**

“Every new beginning comes from another beginning’s end.” - **Annaeus Seneca**

“Success is getting what you want. Happiness is wanting what you get.” - **Andrew Carnegie**

“I told my doctor I broke my leg in two places. He said stop going to those places.” - **Henny Youngman**

**WPS GRIEF SUPPORT SCHEDULE 2024****2:30 to 4:30 PM SUNDAYS\***

**\*NOTE:** Any changes to this schedule will be announced in both the newsletter and on our Facebook page, so check each month for any changes. For any other information on Grief Support, call the WPS office 817-551-2922 Mon-Fri 10AM-2PM, or Ruth Turner 817-713-9372. If no answer at either number, please leave a voicemail, and your call will be returned as soon as possible.

**JAN 14, 21, 28; FEB 4, 11** : Pleasantview Baptist Church, 4400 Pleasantview Dr, Arlington. Facilitator: Merryl Kloster.

**FEB 18, 25; MAR 3, 10, 17** : First Baptist Church, Burleson, 317 W Ellison St, Burleson (park behind church). Facilitator: Ruth Turner.

**MAR 24, (SKIP 31); APR 7, 14 21, 28** : St John Lutheran Church, 1218 E Debbie Ln, Mansfield (in Youth Bldg at back of church). Facilitator: Phyllis Weisheit.

**JUN 2, 9, 16, 23, 30** : Pleasantview Baptist Church, 4400 Pleasantview Dr, Arlington. Facilitator: Arlyne Clements.

**JUL 14, 21 28; AUG. 4, 11** : Genesis United Methodist Church, 7635 S Hulen St, Ft Worth. Facilitator: Ruth Turner.

**AUG 18, 25; (SKIP SEP 1), SEP 8, 15, 22** : Lucas Funeral Home, 1321 Precinct Line Rd, Hurst. Facilitator: TBA.

**HOLIDAY GRIEF SUPPORT : Time, Date & Location TBA.**

**NOV 10** : CANDLELIGHT MEMORIAL SERVICE : 3:00 PM, St. John Lutheran Church, 1218 E Debbie Ln, Mansfield.

**BUSINESS PARTNERS**

Donate 2 Impact  
Kroger Markets  
Mastercraft Printed Products and Services  
Spring Creek Barbeque

**DONATION OPTIONS****for  
MEMBERS, FAMILY & FRIENDS**

- 1. Cash or check to the WPS office.** See form below.
- 2. Electronic Bank Transfer** to Routing # 311 981 614 and Account # 0008 196110.
- 3. Kroger Community Rewards Program.** Call 866-221-4141 or register online at [kroger.com/account/enrollCommunityRewardsNow/](https://kroger.com/account/enrollCommunityRewardsNow/) with your Kroger Plus Card number or alternate ID (your phone number). Enter Organization #IA786 (Widowed Persons Service of Tarrant County). To re-enroll (if "WPSTC" is not at bottom of receipt), use same procedure.
- 4. Qualified Charitable Distribution (QCD).** Contact your financial institution for details.
- 5. Leave a Legacy.** Consider including WPS in your estate planning. Your thoughtfulness and generosity will enable WPS to continue helping other widowed persons into the future.

**EVENT VENUE PARTNERS**

Arlington Elks Lodge #2114  
Burleson Senior Center  
First Baptist Church, Burleson  
First Methodist Church, Mansfield (games)  
Genesis United Methodist Church, Fort Worth  
Lucas Funeral Home, Hurst  
Pleasantview Baptist Church, Arlington  
St John Lutheran Church, Mansfield  
University Christian Church, Fort Worth

**CASH OR CHECK DONATION**

To mail a donation to WPS, please provide the information below and mail to:

Widowed Persons Service of Tarrant County, 2906 SE Loop 820, Suite A, Fort Worth, TX 76140-1030

Amount of donation: \$25 \$50 \$100 Other \$ \_\_\_\_\_

Specify if donation is a Memorial gift In memory of (name) \_\_\_\_\_

Specify where to send donation acknowledgement:

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_



*Widowed Persons Service  
of Tarrant County*

2906 S E Loop 820  
Suite A  
Fort Worth, Texas 76140-1030

NON-PROFIT ORG.

U. S. POSTAGE

PAID

FORT WORTH, TX

PERMIT NO. 2389

RETURN SERVICE REQUESTED

**DATED MATERIAL: PLEASE DELIVER BY MARCH 1, 2024**

**OFFICER AND BOARD MEMBERS**

**WIDOWED PERSONS SERVICE OF TARRANT COUNTY FOR YEAR 2024**

**OFFICERS**

President : Phyllis Weisheit  
Vice President : Ruth Turner  
Secretary : Judy Baker  
Treasurer : Mike Grissom

**BOARD MEMBERS**

Barbara Brickley Diane Bowman  
Arlyne Clements Margaret Davis  
Sharon Ellershaw Gary Frye  
Kay Hall Bob Howard  
Jane Morton Eula Plummer  
Nancy Sheffer-Poole Debbie Smith  
Carol Stacy Ron Zembek

WPS of Tarrant County is a Grief Support Program for widowed persons of all ages

WPS of Tarrant County is a TAX EXEMPT NON-PROFIT Organization funded by Memorials, Gifts and Donations

**WPS PURPOSE** : To aid bereaved men and women of all ages regardless of race, creed, and/or economic status, to adjust more effectively to the loss of a spouse through death and to build a new life.

## RECURRING EVENTS

### Hosts Needed for Arlington and Mansfield Dinners !!!

Volunteers are still needed to host the Arlington and Mansfield Dinners. For many newly widowed persons, WPS sponsored meals are their first exposure to WPS. Hosting a meal is simple and does not require a great deal of time but is greatly appreciated and rewarding. If you would be willing to host one of these events, please contact Diane Bowman at 817-996-2337.

#### ARLINGTON

**Breakfast : Every Saturday 8:00 AM : Skillet & Grill**, 1801 W Division St, Arlington. Contact Suzy Flynn, 817-483-5518.

**Lunch : MAR 14 ONLY, 11:45 AM : Division Street Diner**, 1800 W Division St, Arlington. Contact Rita Sanders, 817-907-7878.

**Dinner : CANCELLED UNTIL FURTHER NOTICE.** Host needed for this event.

#### BURLESON

**Breakfast : Every Tuesday 8:30 AM : Our Place Restaurant**, 950 N Burleson Blvd (I-35 service road), Burleson. Contact Diane Bowman, 817-996-2337.

**Lunch : MAR 6 ONLY, 11:30 AM : Mexican Inn Cafe**, 13155 South Fwy (I-35 service road), Burleson. Contact Ann Barnes, 817-774-6073.

**Dinner : MAR 18 ONLY, 4:30 PM : Antonio's Mexican Restaurant**, 344 SW Wilshire Blvd, Burleson. Contact Ann Barnes, 817-774-6073.

#### GRAND PRAIRIE

**Brunch: Every Wednesday 10:30 AM : Theo's Bar & Grill**, 107 NW 8th St, Grand Prairie. Contact Debbie Smith, 469-684-9982.

#### MANSFIELD

**Breakfast : Every Saturday 8:30 AM : The Porch**, 2771 E Broad St, Mansfield (across from Methodist Hospital). Contact Arlyne Clements, 817-366-0430.

**Lunch : MAR 1 ONLY, 12:00 NOON : Simple Burgers**, 1219 E Debbie Ln, Ste 117, Mansfield. Contact Judy Baker, 817-320-3825.

**Dinner:: CANCELLED UNTIL FURTHER NOTICE.** Host needed for this event.

**Games: Every 2nd and 4th Tuesday 1:30 - 4:00 PM : First Methodist Church Mansfield**, 777 N Walnut Creek Dr, Mansfield. Contact Jane Morton, 972-977-7899.

#### NORTHEAST

**Breakfast : Every Saturday 9:00 AM : The Corner Café**, 7901 Mid Cities Blvd, Ste 242, N Richland Hills. Contact Sharon Wallace, 817-226-5095.

**Lunch : MAR 13 ONLY, 1:00 PM : BJ's Restaurant & Brewhouse**, 952 NE Loop 820 (near NE Mall), Hurst. Contact Alice Baum, 817-793-6015.

**Dinner : MAR 19 ONLY, 5:00 PM : Red Lobster**, 7800 Bedford-Euless Rd, (near NE Mall), North Richland Hills. Contact Linda Turner, 817-475-3014.

#### SOUTHWEST

**Breakfast : Every Thursday 9:00 AM : Cracker Barrel**, 8010 SW Loop 820 (exit Winscott Rd), Benbrook. Contact Carol Stacy, 817-360-8066.

**Lunch : MAR 4 ONLY, 11:30 AM : Cracker Barrel**, 8010 SW Loop 820 (exit Winscott Rd), Benbrook. **Contact Phyllis Bell, 817-657-5579, if you plan to attend (restaurant needs a head count).**

**Dinner: MAR 19 ONLY, 4:00 PM : Olive Garden**, 4700 SW Loop 820 (across from Hulen Mall), Fort Worth. **Contact Joe Harris,**

★ **817-929-8658, if you plan to attend (restaurant needs a head count). (NEW EVENT)**

## SPECIAL EVENTS

**Friday, FEB 23 : Dance**, Burleson Senior Center.

**Wednesday, MAR 13 : Dance**, Arlington Elks Lodge. **See the attached flyer for details.**

**Friday, MAR 22 : DJ Dance**, Burleson Senior Center. **See the attached flyer for details.**

**Sponsored by Widowed Persons Service**

**Come Dance/Listen to**



**“Back Beats Band”**

**Wednesday, March 13, 2024**

**6:30 to 9:00 PM**

**\$10 PER PERSON AT DOOR**

**BRING YOUR FAMILY & FRIENDS !!!**

**IT'S OPEN TO THE PUBLIC !!!**

**Arlington Elks Lodge**

**601 W. Pioneer Pkwy, Arlington**



**Serving Food 5:30 to 6:30 PM @ \$8 per Person**

**Sloppy Joes & Grilled Chicken Sandwiches,  
Potato Salad, & Baked Beans**

**Proceeds from food go to ELKS National Foundation**

**Drawings for Door Prizes and MORE !!!**

**Information: Debbie 469-684-9982 or Eula 214-668-7999**



**Sponsored by Widowed Persons Service**

**Come Dance/Listen to**

**Country & Western  
Songs from the Past and Present**

**with**

**Travis Moncrief as Disc Jockey**

**Friday, March 22, 2024**

**6:30 to 9:00 PM**



**Admission: Donations Only**

**Snacks available at the break**

**Bring Your Family & Friends !!!**

**It's Open to the Public !!!**



**Burleson Senior Center**

**216 SW Johnson Ave, Burleson**



**Information: Ann 817-774-6073**





## **Join First Travel of Burleson, Paragon Casino and Hotel & Angola Prison Rodeo**

**Marksville, Louisiana  
April 20-22, 2024**

**Includes: Luxury Motor Coach  
2 nights at Paragon Casino & Hotel,  
\$30 on your players card, \$10 meal coupon  
Rodeo Ticket, Bingo and movies on the bus, water and snacks**

- **\$290 based on double occupancy &  
30 Passengers on Motor Coach  
(Single & Triple Occupancy Upon Request)**
- **\$75 Deposit due upon sign up (Non Refundable)  
Balance is due on or before April 1, 2024**

*Call now as space is limited*  
**817-447-8747**



# WPS / FIRST TRAVEL OF BURLESON PRESENTS

## San Antonio, TX



### INCREDIBLE PRICE INCLUDES:

- ◆ Motorcoach transportation
- ◆ 2 nights lodging in the San Antonio area
- ◆ 4 meals: 2 breakfasts and 2 dinners
- ◆ Guided Tour of San Antonio
- ◆ Cruise at San Antonio's famous River Walk District
- ◆ Visit to the famous ALAMO and IMAX Theater presentation: "ALAMO...The Price of Freedom"
- ◆ Visit to the Institute of Texan Cultures
- ◆ Visit to the San Antonio Missions

For more pictures, video, and information visit:  
[www.GroupTrips.com/FirstTravelofburleson](http://www.GroupTrips.com/FirstTravelofburleson)

# \$455\*

## 3 Days 2 Nights

\*PER PERSON, DOUBLE OCCUPANCY

(Tue - Thu)  
 May 14 - 16  
 2024

**Departure: First National Bank,  
 740 Southwest Wilshire Blvd, Burleson, TX @ 8 am**

**Day 1:** Board your spacious, video and restroom equipped Motorcoach and set off for the beautiful city of San Antonio - Home of the Alamo. Upon arrival, you'll enjoy a GUIDED TOUR OF SAN ANTONIO. The tour includes visits to San Fernando Cathedral, and the King William Historical District. After Dinner, you'll visit San Antonio's famous RIVER WALK for a SCENIC CRUISE! Tonight, you will check into your San Antonio area hotel for a two night stay.

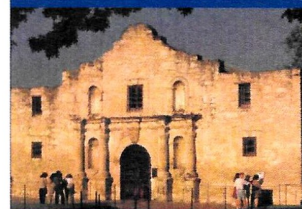
**Day 2:** Start the day with a Continental Breakfast. Afterwards, depart for a visit to the SAN ANTONIO MISSIONS NATIONAL HISTORICAL PARK. Experience the "Queen of the Missions" - Mission San Jose, established in 1720. Later, go to the IMAX Theatre at San Antonio Rivercenter to see "ALAMO ... The Price of Freedom." Then, stand where history took place when you visit the buildings and grounds of the ALAMO - "The Shrine of Liberty." This evening, enjoy a lovely Dinner complete with entertainment.

**Day 3:** Today, after enjoying a Continental Breakfast, you'll visit the INSTITUTE OF TEXAN CULTURES. The Institute is devoted to the 26 different cultures that settled Texas. Later, you'll leave for home... A perfect time to chat with your friends about your exciting getaway and where your next group trip will take you!

### ADD PEACE OF MIND TO YOUR TRIP...

With Diamond Tours Exclusive *Travel Confident*® Protection Plan.  
 See separate advertisement...

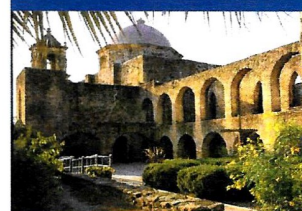
\$75 Due Upon Signing. \*Price per person, based on double occupancy. Add \$60 for single occupancy.  
 Final Payment Due: 3/7/2024



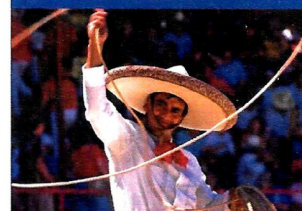
Stand where history took place at the Alamo



Relax on a cruise at the famous River Walk



Mission San Jose is one of America's great landmarks



Enjoy the sights and sounds of San Antonio

**FOR INFORMATION & RESERVATIONS CONTACT:**

**Lila Glazener @ (817) 447-8747**